December 2024 - Fairway Co											4	Sin.	A 1/10
	Sunday		Monday		Tuesday		Wednesday		Thursday		Friday		Saturday
:30	Breakfast/Life <b>1</b> skills [F]	Happ: Micke	y Birthday 2	8:30	Breakfast/Life <b>3</b> skills [F]	8:30	Breakfast/Life <b>4</b> skills [F]	8:30	Breakfast/Life 5 skills [F]	8:30	Breakfast/Life 6 skills [F]	8:30	Breakfast/Life <b>7</b> skills [F]
:00	light stretching and movement	8:30	Breakfast/ Life skills [F]	9:00	light stretching and movement	9:00	light stretching and movement	9:00	light stretching and movement	9:00	light stretching and movement	9:00	light stretching and movement
:30	[F] Light music and meditation [FC]	9:00	light stretching and movement [F]	9:30	[F] Rosary & Confessions [C]	9:30	[F] Light music and meditation [FC]	9:30	[F] Light music and meditation [FC]	9:30	[F] Light music and meditation [FC]	9:30	[F] Light music and meditation [FC]
1:30	Lunch/Oshibori [F]	9:30	Light music and meditation [FC]	9:30	Light music and meditation [FC]	10:45	Music & Movement (light	10:45	Music & Movement (light	10:45	Music & Movement (light	11:30	Lunch/Oshibori [F]
1:00	Activity/Game/ Trivia [F]	10:45	Music & Movement (light	10:00	Catholic Mass [C] Music &	11:30	exercise) [F] Lunch/Oshibori	11:30	exercise) [F] Lunch/Oshibori	11:30	exercise) [F] Lunch/Oshibori		Movie [F] Activity/Game/
	Snack/ Conversation [F]	11:30	exercise) [F] Lunch/Oshibori		Movement (light exercise) [F]	1:00	[F] Activity/Game/	1:00	[F] Activity/Game/	1:00	[F] Bingo with HFS	2:00	Trivia [F] Snack/
	senior link [F] Dinner/Oshibori	1:00	[F] Movie [F]		Lunch/Oshibori [F]	2:00	Trivia [F] Snack/	2:00	Trivia [F] Snack/	1:00	2nd graders [DR] Activity/Game/	3:30	Conversation [F] senior link [F]
	[F]	1:00	Activity/Game/ Trivia [F]		Activity/Game/ Trivia [F]	3:30	Conversation [F] senior link [F]	3:30	Conversation [F] senior link [F]	2:00	Trivia [F] Snack/	5:00	Dinner/Oshibori
':30	Evening Stretches/Life Skills	2:00	Snack/ Conversation [F]	2:00	Snack/ Conversation [F]	5:00	Dinner/Oshibori [F]	5:00	Dinner/Oshibori [F]	3:30	Conversation [F] senior link [F]	7:30	[F] Evening
	Skills	3:30	senior link [F]		senior link [F]	7:30	Evening	7:30	Evening		Dinner/Oshibori		Stretches/Life Skills
		5:00	Dinner/Oshibori [F]		Dinner/Oshibori [F]		Stretches/Life Skills		Stretches/Life Skills	7:30	[F] Evening		
		7:30	Evening Stretches/Life Skills		Evening Stretches/Life Skills						Stretches/Life Skills		
:30	Breakfast/Life <b>8</b> skills [F]	8:30	Breakfast/Life <b>9</b> skills [F]		Breakfast/ 10 Life skills [F]	8:30	Breakfast/ 11 Life skills [F]	8:30	Breakfast/ 12 Life skills [F]	Happy Ed!	y Birthday 13	8:30	Breakfast/ 14
9:00	light stretching and movement	9:00	light stretching and movement		light stretching	9:00	light stretching	9:00	light stretching	8:30	Breakfast/ Life skills	9:00	light stretching
:30	[F] Light music and meditation [FC]	9:30	[F] Light music and meditation [FC]		and movement [F]		and movement [F]		and movement [F]	9:00	[F] light stretching and movement		and movement [F]
1:30	Lunch/Oshibori [F]	10:45	Music & Movement (light	9:30	Light music and meditation [FC]	9:30	Light music and meditation [FC]	9:30	Light music and meditation [FC]	9:30	[F] Light music and	9:30	Light music and meditation [FC]
1:00	Activity/Game/	11.20	exercise) [F] Lunch/Oshibori	10:45	Music & Movement (light	10:45	Music & Movement (light	10:45	Music & Movement (light		meditation [FC] Music &	11:30	Lunch/Oshibori [F]
2:00	Trivia [F] Snack/		[F]		exercise) [F] Lunch/Oshibori	11.30	exercise) [F]  Lunch/Oshibori	11.30	exercise) [F] Lunch/Oshibori	10.45	Movement (light exercise) [F]		Movie [F]
3:30	Conversation [F] senior link [F]		Movie [F] Activity/Game/		[F]		[F]		[F] Activity/Game/	11:30	Lunch/Oshibori		Activity/Game/ Trivia [F]
5:00	Dinner/Oshibori [F]	2:00	Trivia [F] Snack/		Activity/Game/ Trivia [F]		Activity/Game/ Trivia [F]		Trivia [F]	1:00	[F] Activity/Game/	2:00	Snack/ Conversation [F]
7:30	Evening Stretches/Life	3:30	Conversation [F] senior link [F]		Snack/ Conversation [F]	2:00	Snack/ Conversation [F]		Rosary & Communion [C]	2:00	Trivia [F] Snack/	3:30 5:00	senior link [F] Dinner/Oshibori
	Skills		Dinner/Oshibori [F]		senior link [F] Dinner/Oshibori	3:30 5:00	senior link [F] Dinner/Oshibori	2:00	Snack/ Conversation [F]	3:30	Conversation [F] senior link [F]	7:30	[F] Evening
		7:30	Evening		[F] Evening	7:30	[F] Evening		senior link [F] Dinner/Oshibori	5:00	Dinner/Oshibori [F]	7.30	Stretches/Life Skills
			Stretches/Life Skills		Stretches/Life Skills	7.00	Stretches/Life Skills		[F] Evening	7:30	Evening Stretches/Life		Ciumo
								7.30	Stretches/Life Skills		Skills		
	Breakfast/ Life skills [F]		Breakfast/ Life skills [F]		Breakfast/ 17 Life skills [F]	8:30	Breakfast/ Life skills [F]	8:30	Breakfast/ 19 Life skills [F]	8:30	Breakfast/ Life skills [F]	8:30	Breakfast/ 21 Life skills [F]
9:00	light stretching	9:00	stretching		light stretching	9:00	light stretching	9:00	light stretching	9:00	stretching	9:00	light stretching
	and movement		and movement		and movement		and movement		and movement		and movement		and movement
9:30	[F] Light music and	9:30	[F] Light music and	9:30	[F] Light music and	9:30	[F] Light music and	9:30	[F] Light music and	9:30	[F] Light music and	9:30	[F] Light music and
11:30	meditation [FC] Lunch/Oshibori [F]	10:45	meditation [FC] Music & Movement (light	10:45	meditation [FC] Music & Movement (light	10:15	meditation [FC] 5 Lutheran Church Service [C]	10:45	meditation [FC] Music & Movement (light	10:45	meditation [FC] Music & Movement (light	11:30	meditation [FC] Lunch/Oshibori
1:00	Activity/Game/	11.00	Movement (light exercise) [F]		exercise) [F]	10:45	Music &	11.00	Movement (light exercise) [F]	11.00	exercise) [F]		[F] Movie [F]
2:00	Trivia [F] Snack/		Lunch/Oshibori [F]		Lunch/Oshibori [F]	11.00	Movement (light exercise) [F]		Lunch/Oshibori [F]		Lunch/Oshibori [F]		Activity/Game/ Trivia [F]
	Conversation [F] senior link [F]		Movie [F] Activity/Game/		Activity/Game/ Trivia [F]		Lunch/Oshibori [F]		Activity/Game/ Trivia [F]		Activity/Game/ Trivia [F]		Snack/ Conversation [F]
5:00	Dinner/Oshibori [F]	2:00	Trivia [F] Snack/		Snack/ Conversation [F]		Activity/Game/ Trivia [F]		Rosary & Communion [C]		Snack/ Conversation [F]		senior link [F] Dinner/Oshibori
7:30	Evening Stretches/Life		Conversation [F] senior link [F]		senior link [F] Dinner/Oshibori	2:00	Snack/ Conversation [F]	2:00	Snack/ Conversation [F]		senior link [F] Dinner/Oshibori		[F] Evening
	Skills		Dinner/Oshibori [F]		[F] Evening		senior link [F] Dinner/Oshibori		senior link [F] Dinner/Oshibori		[F] Evening	7.30	Stretches/Life Skills
		7:30	Evening		Stretches/Life Skills		[F]		[F]	7.30	Stretches/Life Skills		Oniio
			Stretches/Life Skills		ONIIIO	/:30	Evening Stretches/Life Skills	7:30	Evening Stretches/Life Skills		Onliio		

	Sunday		Monday		Tuesday	'	Wednesday		Thursday		Friday		Saturday
9:00 9:30 11:30 1:00 2:00 3:30 5:00	Breakfast/ Life skills [F] light stretching and movement [F] Light music and meditation [FC] Lunch/Oshibori [F] Activity/Game/ Trivia [F] Snack/ Conversation [F] senior link [F] Dinner/Oshibori [F] Evening Stretches/Life Skills	9:00 9:30 10:45 11:30 1:00 2:00 3:30 5:00	Trivia [F] Snack/ Conversation [F] senior link [F]	9:00 9:30 10:45	Breakfast/ Life skills [F] light stretching and movement [F] Light music and meditation [FC] Music & Movement (light exercise) [F] Lunch/Oshibori [F] Activity/Game/ Trivia [F] Snack/ Conversation [F] senior link [F] Dinner/Oshibori [F] Evening Stretches/Life Skills	9:00 9:30 10:45	Breakfast/ Life skills [F] light stretching and movement [F] Light music and meditation [FC] Music & Movement (light exercise) [F] Lunch/Oshibori [F] Activity/Game/ Trivia [F] Snack/ Conversation [F] senior link [F] Dinner/Oshibori [F] Evening Stretches/Life Skills	11:30 1:00 1:30 2:00 3:30 5:00	Breakfast/ Life skills [F]  light stretching and movement [F] Light music and meditation [FC]  Music & Movement (light exercise) [F] Lunch/Oshibori [F] Activity/Game/ Trivia [F] Rosary & Communion [C] Snack/ Conversation [F] senior link [F] Dinner/Oshibori [F] Evening Stretches/Life Skills	9:00 9:30 10:45 11:30 1:00 2:00 3:30 5:00	Life skills [F] light stretching and movement [F] Light music and meditation [FC] Music & Movement (light exercise) [F] Lunch/Oshibori [F] Activity/Game/ Trivia [F] Snack/ Conversation [F] senior link [F] Dinner/Oshibori [F]	1:00 1:00 2:00	Life skills [F] light stretching and movement [F] Light music and meditation [FC] Lunch/Oshibori [F] Movie [F] Activity/Game/ Trivia [F] Snack/ Conversation [F] senior link [F] Dinner/Oshibori [F]
11:30 1:00 2:00 3:30 5:00	Life skills [F]	9:30 10:45 11:30 1:00 1:00 2:00 3:30 5:00	Breakfast/ Life skills [F]  light stretching and movement [F] Light music and meditation [FC]  Music & Movement (light exercise) [F]  Lunch/Oshibori [F] Movie [F] Activity/Game/ Trivia [F] Snack/ Conversation [F] senior link [F] Dinner/Oshibori [F] Evening Stretches/Life	9:00 9:30 10:45	rear's Eve 31  Breakfast/ Life skills [F]  light stretching and movement [F]  Light music and meditation [FC]  Music & Movement (light exercise) [F]  Lunch/Oshibori [F]  Snack/ Conversation [F]  senior link [F]  Dinner/Oshibori [F]  Evening Stretches/Life Skills	DR	Chapel Dining Room Fairway Court Fairway Court	12/2	py Birthday to  ! Michael Klein  3 Edmond "Ed"  Moening				

Skills